

20 Years creating opportunities

mescladís.org

# Productora social MeSCLAD1S

At Mescladís,
we create opportunities
for everyone to migrate
with dignity,
promoting talent
and supporting sustainable
gastronomy as an agent
of change

Experience producer Employment producer Knowledge producer Cultural producer

# The four pillars of sustainability

We use sustainable gastronomy as an agent of change to promote decent employment, create spaces for meeting and coexistence, and foster environmental, economic, social, and emotional sustainability



## Experience producer

Mescladís Borrell

Mescladís Del Pou

Mescladís
Lliure Gràcia

Mescladís Lliure Montjuïc

Mescladís Bostik

Mescladís Catering

# Breakfast / Snacks

#### Breakfast and snack

Muesli with yogurt and seasonal fruit 🍫	6,50€
Croissant 🦫	2,00€
<b>Bikini Mescladís</b> Ham and cheese sandwich on homemade Moroccan bread	5,60€
Moroccan bread toast with jam and butter 🕟	5,50€

#### Sandwiches and toasts

Egg toast > Egg, tomato, avocado on focaccia bread	7,20€
Salmon toast Salmon, cream cheese, avocado on focaccia bread	8,90€
<b>Serrano ham toast</b> Serrano ham, grana padano cheese on focaccia bread	7,90€
Bistro sandwich Serie cheese, cranberry jam on focaccia bread	8,50€
Mescladís Bikini Ham and cheese sandwich on homemade Moroccan bread	5,60€
Khadijah - Morocco Moroccan-style baked eggplant, hummus and feta cheese on homemade Moroccan bread	8,90€
Sonia Pierre – Dominican Rep. Shredded chicken breast sandwich, avocado, edam cheese, pico de gallo and chili mayonnaise on burger bun	11,40€
Maria Rebecca Latigo – Mexico Pulled pork quesadilla (pork marinated in achiote and cooked at low temperature), cheese, black beans, pickled onion and Jalapeños in a wheat flour tortilla	8,50€
<b>Rif Toast</b> Tuna toast, hard-boiled egg and grated tomato	7,90€

<sup>\*</sup>Due to the structure of the kitchen and service, it is impossible to avoid cross-contamination of some allergens.

# Sustainable gastronomy

Training and inclusion of people in vulnerable situations

Networking between social entities

Shopping at fair trade and small local businesses and responsible companies

Zero waste management

Maximum organic and seasonal product

Maximum product care

Social return in cultural and educational projects of Mescladis



#### Lunch menu

**Monday to Friday** 14,90€ Starter + dish of the day + dessert or coffee + bread + drink Half menu 11,80€ Plate to choose + bread + water

#### Sandwiches and toasts

Egg toast 🕪 7,20€ Egg, tomato, avocado on focaccia bread Salmon toast 8,90€ Salmon, cream cheese, avocado on focaccia bread Serrano ham toast 7,90€ Serrano ham, grana padano cheese on focaccia bread Bistro sandwich (%) 8,50€ Brie cheese, cranberry jam on focaccia bread Mescladís Bikini 5,60€ Ham and cheese sandwich on homemade Moroccan bread Khadijah - Morocco 🕪 8,90€ Moroccan-style baked eggplant, hummus and feta cheese on homemade Moroccan bread Sonia Pierre - Dominican Rep. 11.40€ Shredded chicken breast sandwich, avocado, edam cheese, pico de gallo and chili mayonnaise on burger bun Maria Rebecca Latigo - Mexico 8.50€ Pulled pork quesadilla (pork marinated in achiote and cooked at low temperature), cheese, black beans, pickled onion and Jalapeños in a wheat flour tortilla **Rif Toast** 7,90€ Tuna toast, hard-boiled egg and

#### Snacks

grated tomato

Olives 📦 🤻 2,50€ Nuts 🐷 🛞 3,50€ Organic potato chips 🌚 🦚 3,50€

#### Tapas

Anchovies in vinegar 🎉	7,00€
Baked meat empanada	3,20€
Hummus (**) Homemade Moroccan bread and crudités	9,60€
Greek-style eggplant 🖗 🛊	7,20€
Mescladís "Patatas Bravas" (**) With homemade vegan chipotle chili mayonnaise	7,20€
<b>Bolivian salchipapas</b> With green mojo	8,90€
Nachos Black beans, cheddar cheese, pico de gallo, avocado, jalapenos and pulled pork	13,20€
<b>Bread with tomato</b> With serrano ham	6,80€
Bread with tomato 😁	3,80€

#### Salads

Marjane Satrapi - Middle East (\*) 10,50€ Salad with chicken, dates, raisins, walnuts, mixed leaves and tahini vinaigrette

Tina Modotti – Italy 🕟 🤔 10,50€ Salad with mozzarella, grana padano flakes, walnuts, caramelized onions, mix of leaves, flaked smoked salt and black truffle oil

Fredrika Bremer - Sweden 12,40€ Salad with smoked salmon, potatoes, radish, mixed greens and mustard, dill and honey vinaigrette

12,40€

Mediterranean Salad Salad with pickled anchovies, mixed leaves, feta cheese, raisins and radishes

Vegan salad 🕪 🤻 10,50€ Tomato salad, beetroot, pickled onion, mixed leaves, carrot and cucumber and walnuts

#### Mains Lorena Borjas - Mexico (\*) 13,10€ Bowl with pulled pork (pork marinated in achiote), black beans, pickled red onion, avocado, sweet corn, jalapeños and brown rice Margarita Xirgu - Catalonia ( ) 13,50€ Vegan bowl with Heura, zucchini, eggplant, peppers, caramelized onion, potatoes, and romesco sauce 18,50€ **Beef Cheek - Spain** Beef Cheek, baked potatoes and Moroccan bread Misiem Yipintsoi – Thailand (\*) 13,40€ Bowl with chicken, Thai curry sauce and coconut milk, carrot, zucchini and brown rice Mtewem – Argelia 🎉 14,50€ Bowl with Algerian meatballs and rice Mescladís Bowl 🕪 13,50€ Bowl with turmeric hummus, beetroot, baby spinach, pickled peppers, feta cheese, tomato and bread **Salmon Bowl** 20,50€ Bowl with smoked salmon, baby spinach, hard-boiled egg, pickled peppers, cream cheese and bread

15,00€

6,50€

Vegetarian quiche 🕪

Cream soup or gazpacho

with salad

of the day 🕪

Quiche with seasonal vegetables

## Desserts Ask about our suggestions of the day

Carrot cake	6,00€
Chocolate brownie with vanilla ice cream	6,50€
M'burake with vanilla ice cream and jam bissap	6,50€
Vegan chocolate or vanilla ice cream	5,50€



#### Drinks

#### **Km0 Water**

The water we serve, with or without gas, has been filtered at the moment of serving it. It is balanced, free of chemicals, impurities and waste, it has not been packaged, stored or transported, it is respectful of the environment and collaborates with the sustainability of the planet.

#### **Natural water**

Free with consumption

Sparkling water 2,00€

#### Coffees and tea

Our coffee and infusions are of certified organic and sustainable origin. The dairy with which we prepare the selection of products is organic and ecological.

Espresso	1,45€
Coffee with milk (Latte)	2,10€
Americano	1,90€
Capuccino	2,50€
Cortado	1,80€
Carajillo	3,20€
Coffee with milk in a glass	2,20€
*Vegetable milk supplement	0.20€
*Ice supplement	0,20€
Tea and infusions  *Moroccan tea  *Green tea  *Black tea  *Herbal mint tea  *Orange and cinnamon rooibos  *Ginger and lemon infusion  *Chamomile infusion	2,50€

#### Natural soft drinks

Sweetened with agave and apple

#### Ecological

juice

<b>Organic and fair trade cola</b> Without preservatives, colorants	2,60€
Organic and fair trade low calorie cola (light) Without preservatives, colorants	2,60€
Organic orange juice	2,60€

## Juices and homemade drinks

<b>Ginger</b> Natural ginger juice with pineapple	3,50€
<b>Bissap</b> Iced hibiscus flower tea	3,50€
Lemonade	3,50€
Fresh orange juice	3,50€
Fresh orange and carrot juice	4,50€
<b>Organic juice from Cal Valls</b> Apple, peach or orange	2,60€
Organic and fair trade hot chocolate	3,00€

#### Beers

#### **CRAFT: BIRRA MESCLADÍS OR BIRRA 08**

1/3 L draft beer	3,50€
Quinto 1/5 L	2,30€
1/2 L jug	5,70€
ESTRELLA BEER	
Draft beer	2,50€
Quinto 1/5 L	2,00€
Estrella 1/2 L jug	5,00€
Bottle Estrella	2,90€
Bottle Free 00	2,90€
Bottle Free 00 Toasted	2,90€
Bottle Clara	2,90€
Bottle Voll-Damm	2,50€
Bottle Daura	2.90€

#### Aperitifs

5,00€ / 17,80€
5,00€
4,50€
6,00€
6,00€
6,50€
7,00€
Copa / 7,00€
Copa / 6,00€
2,50€
3,50€
3,50€

## Mixed drinks and Gin and tonics

Beefeater Gin	7,50€
Puerto de Indias Gin	7,50€
Rawal Gin	8,50€
Hendrick's Gin	9,50€
Ballantine's Whisky	7,50€
J&B Whisky	7,50€
Jack Daniel's Whisky	8,50€
Havana 3 Rum	7,50€
Cacique Rum	7,50€
Barceló Rum	7,50€
Smirnoff Vodka	7,50€
Absolut Vodka	8,50€

#### Cocktails

<b>Lhasa de Sela</b> Tequila, Triple Sec, passion fruit, lemon, piquín and salt	8,50€
María Teresa Vera White rum, lemon, brown sugar and homemade mint syrup	8,50€
Elza Soares "Negroni" Vermouth, campari, gin	8,50€
Miriam Makeba Vodka, infusion of hibiscus flowers and lemon	8,50€
Nina Simone Red fruits, lemon, gin, soda, orange liqueur	8,50€

#### White Wines

Glass of house white
Cooperativa Social L'Olivera
D.O. Costers del Segre

Agaliu

Macabeo / Cooperativa Social
L'Olivera, D.O. Costers del Segre

**Blanc de Serè** Macabeo, Parellada, Garnacha blanca / Cooperativa Social L'Olivera-D.O. Costers del Segre

#### Rosé

#### **Red Wines**

Glass of house red 1 2,80€ Garnacha, Syrah, Cabernet Sauvignon and Monastrell / Cooperativa Social L'Olivera, D.O. Costers del Segre **Tossudes** 17,50€ Garnacha, Syrah, Cabernet Sauvignon i Monastrell / Cooperativa Social L'Olivera D.O. Costers del Segre **Naltres** 20,50€ Cabernet Sauvignon, Cariñena / Cooperativa Social L'Olivera

#### Cava

D.O. Costers del Segre

16,50€

**L'Olivera Reserva** 18,50€ Macabeo, Parellada / Cooperativa Social L'Olivera D.O. Costers del Segre

### Food Allergens

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BREAKFAST										
Bread toast										
Bistro Sandwich										
Bikini										
Croissant										
Muesli and yogurt		•								
Sonia Pierre					•					
SANDWICHES AND TOAST										
Salmon toast										
Serrano ham toast					•					
Khadijah										
Rif toast										
Maria Rebeca Latigo										
Egg toast										
TAPAS										
Olives										
Nuts										
Bread with tomato										
Patatas Bravas										
Hummus and crudites										
Greek style eggplant										
Nachos										
Bolivian Salchipapas										
Anchovies in vinigar										
Meat empanada										
Bread with tomato and serrano ham										

































## Our suppliers

**Cal Valls** - Olives, honey, juices, tomato sauce **Ecocentral** - Dried goods, preserved meats and legumes

**Brots Ecosocial** - Fruits and vegetables

**Alternativa 3** - Teas, sugar

Mas Claperol - Cheese

Birra 08 - Mescladís Beer

**Ananda Root** - Dried goods and spices

**Market Distributor** 

Sabuma Gelateria - Organic and artisanal ice cream

Frixen - Cola and orange soda

**Triticum** - Bread

**Rawal Gin** 

Ametller Origen - Fruit, vegetables, dried goods

Baluard - Bread

Cafés Novell - Coffee

La Llotja - Fish

La Bassola - Organic meats

La Ribera - Vermut Morro fi

Viver Bel-Lloc - Eggs

L'Olivera - Wine

Ladiferenta - Wine

Herència Altés - Wine

Celler 9+ - Wine

Finca Parera - Wine

La Vinícola del Priorat - Wine

Celler La Vinyeta - Wine

**Celler Entre Vinyes** - Wine



We offer our catering service to companies and organizations and individuals with a model based on social and environmental sustainability



**OUR CATALOG** 

#### Contact us

If you would like more information or to request a quote, you can contact us via email:

catering@mescladis.org

Tel. +34 645 89 31 50

# Productora de experiencias Mescladis

Productora de conocimiento

MESCLADÍS

Productora de empleo MESCLADÍS

Productora cultural MESCLADÍS





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